

ONE *Love*

“Spiritual nuggets for going home to God.”

Gerald Jampolsky

Author of Love Is Letting Go of Fear

Maja Apolonia Rodé



*“I received your book in the mail today and
inhaled it’s sublime fragrance in one sitting.
I have fallen into a coma of ecstasy from which
I have yet to emerge.”*

Robert Rabbin

Author of *The Sacred Hub: Living in Our Real Self*

Maja Apolonia Rodé is a lifelong student of
creativity, consciousness, and love.

Her rainbow-variety of creations and expressions
are inspired by a singular call: to cultivate
individual and collective consciousness
and creativity in service to all of life.

V2.7

ONE LOVE

♥1995-2022 by Maja Apolonia Rodé

www.maja.love

ONE
Love

Maja Apolonia Rodé



www.maja.love

With thanks to Samantha St. Julian
for encouraging me to see these notes to
myself as something worth sharing.



Contents

Preface: I Am a Little Book of Love

Introduction (1995)

- 1 Be Real
- 2 Breaking Open
- 3 Perfect Love
- 4 Open That Door
- 5 The Answer
- 6 Only Being
- 7 Full Immersion
- 8 Wake Up
- 9 Bonds of Freedom
- 10 Realize This Beauty
- 11 You Are Not Exempt
- 12 Uniqueness
- 13 God's Will
- 14 Your Beauty
- 15 Rivers of Love
- 16 Allowing the Flow
- 17 The Only Difference
- 18 Your Vastness

- 19 The Mystery Knocks
- 20 Doorways Like You
- 21 Trust What Comes
- 22 Ancient Heartbeat
- 23 Look Beyond Reason
- 24 The Only Reason
- 25 Fall in Love
- 26 Always in Love
- 27 The Secret
- 28 Only You
- 29 Your Greatest Giving
- 30 Expressing Love
- 31 As the Ocean Moves
- 32 en Thousand Pieces
- 33 Waiting Still
- 34 Instead of Trying
- 35 The Next Move
- 36 A Leaf Dropping
- 37 The Beacon
- 38 Room for the Mystery
- 39 Allowing

- 40 What Really Moves You
41 Your Flaws
42 Patience
43 Paradoxes
44 Storm of Unknowing
45 You Are the One
46 The Beautiful Sky
47 To Wish Truly
48 All You Want
49 Windows of Opportunity
50 No Less Safe
51 True Believers
52 The Highest Honor
53 Spark by Spark
54 The Whisper
55 Quiet Promptings
56 A Deeper Peace
57 Highest Action
58 Now That You Know
59 This Moment's Note
60 Your Heart's reassurance

- 61 Listen To Your Heart
- 62 Understanding
- 63 Are You Sure?
- 64 Wind-Breath Prayer
- 65 Perfection
- 66 Original Authority
- 67 Expressing the Essence
- 68 True Expression
- 69 Attachments
- 70 When You Feel Attached
- 71 Make Room
- 72 Create Spaces
- 73 Empty Clear Air
- 74 The Vision of Love
- 75 Appreciate Reality
- 76 Beauty
- 77 It Is You
- 78 The Choice
- 79 Just so God Knows
- 80 Somehow
- 81 One
- End Note

Preface

I Am a Little Book of Love

Beloved Reader,

I am a little book about love, letting go, and remembering who we are.

It is an honor to meet you.

The purpose of my being is to invite you deeper into yourself and deeper into the world through the doorway of the Heart.

Much has changed in the world since my first appearance over 25 years ago. I came to be during a different phase of our collective experience and in a different era of Maja's creative, emotional, and spiritual development. Still, as humble and imperfect as I am, what my words point to is more important now than ever.

So here I am once again, in an updated form but essentially the same. Please read me with your heart.

Your loving attention, directed anywhere at all, is life-giving water to a thirsty world.

May this reading be part of your moment-to-moment participation in the joyful flow of love.

May you be and become like a clear mountain spring choicelessly bringing life to the world around you.

May we together cultivate a field of loving awareness in which good things naturally take root, flower, and bear fruits for the nourishment of all.

Gratefully,

ONE LOVE ~ February 14, 2022



Introduction (1995)

Where do these poems come from?

These words are you.

They come from nowhere and go nowhere.

Any wisdom you find here is your wisdom.

Any memories you discover

spring from your own heart.

Trust your divinity — what it says

and doesn't say.

and let this wisdom

gather in your consciousness

until your world is filled with a love

so sweet, so gentle, so beautiful,

that nothing else matters.

Maja's Note: *Some of this book is written in "my voice" in the form of prayers, learnings, or reflections. Most of it came from "another voice" speaking through me and to me, in the form of encouragement and advice as I explore and learn along my journey. I hope you find in these pages something that feeds your spirit, brings you joy, or helps you to see who you really are.*

To the One who
is reading these words.

A decorative flourish consisting of a large, elegant swirl that starts on the left, loops around the number '1', and then extends to the right, ending in a smaller, horizontal flourish.

1 BE REAL

Be real,
by living in a world of Love.
For that, my friend,
is the only reality
that exists
here or anywhere.

*

4 OPEN THAT DOOR

If you filled the universe
with your self,
what door
would you walk through
to get there?

Open that door
and see how it opens you.
Feel how every expansion
of your self-understanding,
every enlargement of
 who you know you are,
fills you with a greater love,
fills your full cup again.

For every inch of knowledge
makes your understanding
of all the others
new again.

✱

13 GOD'S WILL

Believe that God's will
is the one will that will occur.

No assistance is necessary.
No interference is possible.

Let go of
wanting or trying
to control.
For this expression of love
is misdirected.

See instead
the perfection of this moment.

Trust that what is needed
will occur or come through you
as naturally as water flows
down the river
from one moment
to the next.

✱

Advertisements from your ego
establish a false
awareness of your beauty.

Let go
and see that your beauty
is your clarity —
not the flowers you paint
or the bells you ring.

You cannot enhance
the facets of a diamond crystal
with more things.

Instead, let your actions and thoughts
be a polishing,
a clarifying.

Then the natural expressions of love
are projected by the God-self
through the God-self
of you.

✱

You must look beyond reason
to find the reason
for anything.

Open the eyes in your heart
and you will understand
all the things that need
understanding.
And beyond the vision
of your heart
lies the Mystery
which is to forever remain
unknown
untouched
unchanged by the boxes
and rules and shapes
and symbols
that the heart and mind
converse with.

Beyond the vision of even
your heart

is a place
you can only enter
with your whole being.

If you want to understand
the Mystery,
become whole
become one
and you will see the
why
of everything.

✱

I was about to say
something I knew
then realized I didn't
even know that.
Just wanting to know,
and knowing perhaps,
that the only truth
there is to know
can only be seen with the heart;
and the only reason to see
is to love with a greater
wholeness
and reflect more vividly
the divinity thus beheld.

*

29 YOUR GREATEST GIVING

Always in your heart and forever
lies the gift of peace you seek.
Let it be given unto you
in every moment.

Receive it
with your greatest
giving to God.

✱

Your life is to be lived
as the ocean moves toward
the moon.

Always reaching.

Always powerful.

Always allowing itself
to be used and moved
and molded
according to what
absolutely
is.

*

You are a dancer
like no other.
The next move is
entirely yours.
Will you step as *you* choose,
or will you allow
the Mystery to move you in a way
you cannot contemplate,
only receive?

This is you, my friend.
Dancer here and there.
Stay in your heart,
in yourself,
and wherever your dance goes,
you are there.

*

36 A LEAF DROPPING

Do you see now
the futility of holding on?

There really is nothing
to hold on to.

The only thing worth
that kind of pain
is with you
always,
no matter what.

Be with this something
by setting yourself free.

Let go,
like a leaf dropping
from a tree.

*

In the midst of
all that drives you
is the essential
nature of your being:

Always there.

Always strong.

Nothing can bring it
harm or good.

It absolutely is.

Let this is-ness
be the light you
walk toward.

Let it be The Beacon
to which you adjust
your course.

Keep your eyes on
this light, and you shall
see it growing larger —
not because you're
closer to it,
but because you

are more free and more
open to allow its
light.

The dance is between
moving toward
and opening up.
Both are the same,
essentially,
and in the mind
are different.

That difference
allows the beautiful play
through which
you praise
the one light
the one being
that
we all are.

✱

Release the temptation
to get caught up
in every
detail
of your existence.

Allow room
for the mystery to grow
and change you
from the inside
out.

*

A decorative flourish consisting of a large, elegant swirl that starts on the left, loops around, and then extends to the right, framing the page number and title.

42 PATIENCE

Patience comes
with understanding
this truth:

You are holy now;
I am holy now.

*

Intermittent windows
of opportunity
open to reveal your
highest desires.

Enter into them
without understanding
or knowing
how the end comes.

*

You are a true believer.
And true believers
 have the rock solid power
 of knowing
 that they don't *really* know.

True believers are free to explore
 infinite and intimate places
 available only to those
 who need no path
 laid out before them —
 those who have
strength to climb
 the high mountains of wonder,
courage to navigate
 the dark caves of the Holy,
and humility to enter
 the one and sacred chamber
 of the deep
self.

✱

52 THE HIGHEST HONOR

It is in holding
the paradox
of dark and light
that you allow
yourself
the highest honor
of loving everyone.

*

*Please send me a poem to remind us of the
essential beauty and meaning of each other.*

Being love brings joy into the hearts
of those who share
even a spark of your vision.

Find in everyone the spark
that lights their own way,
and make it brighter
by speaking of it.

Let the gentle wind of your words
blow on its embers
so it may become
more of what it wants to become.

Do you see it more easily now?

Focus the light of your attention
on the light in everyone's heart.

And, spark by spark,
ignite a flaming new world
of love.

✱

When you can't figure out what to do,
stop asking your mind for
breadcrumbs
and follow instead
the quiet promptings
of your heart.

But, before you take that next step,
open your heart a bit wider
and look into your world
through that opening.

Notice what shifts
in your seeing
and knowing
and prompting.

✱

This moment
comes and goes
like the note from
a distant reed flute.

To capture it,
one can only listen
with full attention
and willingness
to let it drift away
as quickly
as it came.

You capture this moment
only when you assign
to all the other moments
the same glory of
your desiring.

✱

Stop trying
to *say* anything.

True expression of Self,
comes only when we let go
of knowing
or deciding
what the message is.

True expression means
listening for the message
and listening *to* the message
that comes to you
and through you.

*

70 WHEN YOU FEEL ATTACHED

When you feel
attached to something,
open your heart
a bit more.

Create space
around the things
your heart is holding onto.

Let the beauties you love
fly freely
in and out.

*

Don't ask for things,
ask for The One.

Things will take you
only to the darkness
of their opacity.

Instead, go for the
invisible wonder,
the everpresent lover,
the polisher of souls.

What we choose
is what we create.

Choose responsibly:
Choose your Self.
Choose life.
Choose to follow
the light and love
that is always
waiting.

✱

ONE *Love*

this book is available at
www.maja.love/one-love

Maja Apolonia Rodé



find heartfelt inspiration and deep magic at
www.maja.love